



Kids Karate Tournament

**Fund Raiser to benefit Channel 3 Kids Camp
At Central Connecticut State University - Kaiser Hall
September 12, 2010 starting at 9:00am – sharp!**

**Sparring, Open/Creative/Traditional Forms, and Weapons
Trophies in the Grand Event for 1st place winners
Demonstration Team Exhibitions and Seminars
All styles and belts welcome!
Competitors must be under 18
Pre-registration is required,
The deadline for this event is August 28th**

Medallions for 1st, 2nd and 3rd places, participation medallions for all others

In 2010, Channel 3 Kids Camp in Andover, CT is celebrating its 100th year as a non profit camp. What better way to celebrate children then by holding a family friendly tournament. CCSU has graciously offered their Kaiser Hall for this event. There is plenty of bleacher seating so bring your family, neighbors and friends!

Seminars will be offered by some of the experts in their field don't miss this opportunity to learn from the best (see page 2 for more information).

**Food and beverages will be available to purchase.
Only competitors and volunteers will be allowed in the competitor's area.
This is not a Krane Rated event**

**Black Belt instructors interested in volunteering for judging please contact Frank Shekosky
Ring Sponsorships available; please contact Donna for more information.
All proceeds will be donated to Channel 3 Kids Camp**

**For more information contact Donna @ 860-632-9033
Sensei Frank Shekosky @ 860-632-8188
Meg Staublely @ m.staublely@channel3kidscamp.org**

**For more information about the camp log onto the Channel 3 Kids Camp website at:
www.channel3kidscamp.org**

Kids Karate Tournament Seminars to benefit the Channel 3 Kids Camp September 12, 2010

**Registration due date 8/28/10 to Channel 3 Kids Camp 73 Times Farm Road, Andover, CT 06232
Registration fees for the seminars are being donated directly to the camp
(Participants should be 11 or older to enroll)**

Seminar One: Master Dominick Violante began his Martial Arts training in 1977 and was taught by some of the most renowned Martial Arts Masters in both Kempo Karate and Aikikai Aikido. He was an instructor for the Mass. Criminal Justice Bureau training both state and local police in defensive tactics. Along with his wife Sensei Jeanene they own and operate the Avon Kempo & Aikido Academy located in Avon CT. For more information please log on to www.avonkempoaikido.com **Time: 9:00 – 10:00am**

Seminar Description:

Master Dominick will teach escape techniques for a wide variety of hold and grab attacks. The techniques will come from both arts of Kempo Karate & Aikido. The seminar will also include the application of Aikido holds, pins & locks. Cost \$20.00

Seminar Two 10:15 – 11:15am: About the instructor: Master Frank Shekosky is a 6th degree black belt in karate, a senior instructor in Modern Arnis, and was a personal student of Grand Master Remy A. Presas, the founder of Modern Arnis. Frank Shekosky is the master instructor of Cromwell Martial Arts located in Middletown, CT. For more info see www.cromwellmartialarts.com **Time: 10:15 – 11:15am**

Seminar Description:

The class will cover the 12 angles of attack as well as stick disarms, and counters to disarm (time permitting). All levels welcome. No previous experience necessary. Things to bring: Please bring one or two rattan sticks. Sticks and training DVD's will be available for sale at the seminar. A pair of sticks is \$24.00 and training DVD's are \$15 each. Cost \$20.00

Seminar Three:

Russ Taylor is a 2nd degree black belt in karate a currently a Training Lieutenant and Master Instructor in Behavior Management with the CT Dept of Corrections. He holds additional instructor certifications in Arrest & Control Tactics, Handcuffing and OC. Mr. Taylor is an USMC Reserve Persian Gulf Veteran, and formerly a Municipal Police Officer in CT. For additional information please contact him at Russell.Taylor@sbcglobal.net Additional Instructor assistance provided: by Charles F. Barberi of Force Management LLC. **Time 11:30 – 12:30pm**

Seminar Description:

This seminar will cover 'Spontaneous Response to Assaults'. We will be addressing physical and mental preparation for these types of attacks. The class will be hands on and lecture format. Participant Experience: All skill levels are welcome. Things to bring: a winning mindset. Cost: \$20.00

Seminar Four: Christopher LaCava Sabumnim has been training in the Martial Arts for 25 years and travels each year for training to the birthplace of Hapkido; Daegu, South Korea. He is a direct student of Grand Master Lim Hyun-soo and the Connecticut representative of the Korea Jung Ki Hapkido & Kuhapdo Association. Mr. LaCava is a Licensed Acupuncturist here in Connecticut and teaches at Tri-State College of Acupuncture in NYC and the University of Bridgeport's Acupuncture Institute. www.LaCavaAcupuncture.com **Time: 12:45 – 1:45pm**

Seminar Description:

"Guiding Blocks to Devastating Locks" - This seminar will cover the use of soft, guiding blocks to blend with your opponent's punching motion to end up locking your opponent and nullifying their attack. All levels welcome. No previous experience necessary. Cost \$20.00

Seminar Five: Mr. Hien Nguyen holds the rank of 5th degree black belt and he has been practicing martial arts for over 25 years.

After earning his black belt in 1991 from Eliud Sanchez, he elected to utilize his talents by pursuing a career in the entertainment industry. Mr. Nguyen had several roles in various films and commercials before securing a role on the children's classic The Mighty Morphin Power Rangers. Mr. Nguyen then went on to star in the WB network series, WMAC Masters, as 'Tsunami'. Despite his hectic filming schedule at the time, Mr. Nguyen conducted seminars throughout the United States which he still continues to do at this time. **Time: 2:00 – 3:00pm**

Seminar Description:

Learning reactions and stunts fighting, for the movies. Things to wear: Loose fighting cloths. Karate Gi is an option. The last 15 minutes is for autographs. Autograph fee is \$5 which will be donated to the Channel 3 Kids Camp. Cost: \$20.00 **Class limited to 40 people, however, all are welcome to the autograph session.**

**Registration form for:
Kids Karate Tournament to benefit the Channel 3 Kids Camp September 12, 2010**

Pricing on Competitor Events: \$30 1st event, \$5 each additional event. **Seminar Events:** \$20 per seminar. **Spectator fee:** \$7.00 and children under 12 free. Spectators do not need to sign up but we recommend that you purchase tickets in advance. **The deadline for this event is August 28th.** Your registration and payment must be received at the Channel 3 Kids Camp by this date. Feel free to copy this form as needed. Please print legibly.

Name: _____ **Email:** _____

Address: _____

Tel/Cell: _____ **Years Training:** _____

Emergency Contact name/tel: _____

Karate School/Master Instructor: _____

Karate School Address: _____

Tel: _____ **Email address:** _____ **Website:** _____

M/F: ___ **Age:** ___ **Rank:** ___ **Height:** ___ **Weight:** ___ **Birthdate:** _____

Competitors must bring proof of age in order to participate

Events registration:

Beginner: ___ **Intermediate:** ___ **Advanced:** ___ **Black Belt:** ___

Open Forms: ___ **Traditional Forms:** ___ **Open Weapons:** ___ **Traditional Weapons:** ___

Sparring Boys: ___ **Sparring Girls:** ___

Registration	Event		Price		Total
Competition 1		x	\$30.00	=	\$
Competition 2		x	\$ 5.00	=	\$
Competition 3		x	\$ 5.00	=	\$
Seminar		x	\$20.00	=	\$
Seminar		x	\$20.00	=	\$
Seminar		x	\$20.00	=	\$
Alt. Seminar					
Spectator		x	\$ 7.00	=	\$
Total Payable					\$

- Mail your check or money order payable to Channel 3 Kids Camp 73 Times Farm Road, Andover, CT 06232
- We recommend that if you are competing you arrive by 8:30 a.m. so that you can get your ring assignments.
- Ring assignments and prepaid spectators passes will be available at the door.
- The event starts at 9:00 AM sharp, please don't miss your event!
- Competitors must bring proof of age in order to participate.
- Divisions will be split by age and rank.
- No refunds on registration or spectators fees.
- Seminars may fill up quickly please note an alternative choice.
- Proceeds from registration/seminars/autograph session directly donated to the Channel 3 Kids Camp.
- All instructors and judges are volunteering their time for this event and pre-event meetings.

Waiver: I, (the undersigned), hereby release Donna Chalmers, Channel 3 Kids Camp, CCSU and all persons associated with this event in any form of liability due to injuries etc., that may occur as a result of my attendance and/or participation at the above specified event. I am fully aware of my personal medical condition and certify that I am fit to compete in this event. Furthermore, I hereby waive any compensation what so ever for the use of pictures, movies, or media coverage etc., utilized by those associated with this event at any time.

Signature

Signature of Parent/Guardian if under 18

[Directions to Kaiser Hall on Central Connecticut State University campus](#)

From the EAST: Take I-84 West to Exit 40, (Corbins Corner); take a left turn at end of exit ramp, and a right turn at the next traffic light onto Rt. 71 South. Follow Rt. 71 South approximately 3 miles, until you make a left turn at the traffic light onto Paul Manafort Drive. Proceed past the first parking garage and the Campus Police Station, and then take a left turn into the second parking garage. The first level of the parking garage is across the street from Kaiser Hall and Detrick Gymnasium.

From the WEST: Take I-84 East to Exit 35, Rt. 72 East (New Britain Exit). Follow Rt. 72 East to Rt. 9 North and take Exit 29 to Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn. Proceed to the second traffic light, and take a right turn onto Paul Manafort Drive to the University. Take a right turn into the parking garage. The first level of the parking garage is across the street from Kaiser Hall and Detrick Gymnasium.

From the SOUTH (New York area): Take I-95 North to I-91 North to Exit 22 North to Rt. 9 North. Follow Rt. 9 to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn. Proceed to the second traffic light, and take a right turn onto Paul Manafort Drive to the University. Take a right turn into the parking garage. The first level of the parking garage is across the street from Kaiser Hall and Detrick Gymnasium.

From the SOUTH (Rhode Island area): Take I-95 South to Rt. 9 (Old Saybrook). Take Rt. 9 North to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn. Proceed to the second traffic light, and take a right turn onto Paul Manafort Drive to the University. Take a right turn into the parking garage. The first level of the parking garage is across the street from Kaiser Hall and Detrick Gymnasium.

From the NORTH: Take I-91 South to I-84 West to Exit 40 (Corbins Corner). Take a left turn at the end of the exit ramp, and a right turn at the next traffic light onto Rt. 71 South. Follow Rt. 71 South approximately 3 miles, until you make a left turn at the traffic light onto Paul Manafort Drive. Proceed past the first parking garage and the Campus Police Station, and then take a left turn into the second parking garage. The first level of the parking garage is across the street from Kaiser Hall and Detrick Gymnasium.